

My Journey into the Unknown

Introduction

I'm just an average guy living in Michigan, and making the best of life in all ways possible. I have always been an active person and spend a lot of time outdoors. However, now it appears that I have been afflicted with an unknown pathogen, commonly known as Morgellons. During the winter of 2013 I developed sores on the back of my neck that did not heal. I started seeing abnormal growths attached to scabs on these sores, which under a magnifying glass did not look like anything normal that I am used to seeing with acne. I had a very strong intuition that all was not well, or "normal". So, after a few months of this I decided to purchase an 80x USB microscope. Well, as they say, be careful what you wish for. Once I got the USB scope and started looking at these sores and growths, it was obvious they were not normal cystic acne. I also started finding red and blue fibers in the scabs, growths and growing out of my skin. That's when I started to suspect that I have the condition known as Morgellons.

After researching Morgellons I became very bewildered. It is obvious that many people have this condition. There are many websites, researchers and sufferers of this condition that attest to this being physical, not psychological in nature. However our Medical Institution treats this as a psychological condition. Since that is the case, I decided that it would not be in my best interest to visit the family doctor or a dermatologist. So, what to do. Read on...

Just a few basics to give the reader a glimpse of my Overall Health and lifestyle;

Exercise; I have been into physical fitness pretty much ever since I got out of the marines over 30 years ago. I ran distance for fun and health, 10k to marathon distance. Then developed hip problems so gave up running/jogging. So now I swim 4 to 5 times a week. I also ride a mountain bike and do calisthenics for cross-training and to get a rounded workout.

Diet; I regularly eat organic vegetables and fruit on a daily basis. I eat fish at least 2 or 3 times a week, and try to stick with "wild caught" fish. I eat organic, grass fed beef once or twice a week, and of course chicken on occasion. However, lately I have been gravitating to more of a vegetarian diet, and away from red meat and chicken

Detox; I started a detox program with calcium bentonite at the end of January, 2013. Started by taking one teaspoon twice a day and now take one teaspoon once a day. I also take a bath in calcium bentonite once a week, with one cup of bentonite in bathwater.

I did not see any signs of this condition until after I'd be taking calcium bentonite for about 3 or 4 months. Maybe it's just a coincidence, but I wonder if taking calcium bentonite may have led to me developing the outward manifestations of this condition?

Tinnitus; I have had tinnitus (ringing in ears) very pronounced for about 1.5 to 2 years.

First outward manifestation; in winter of 2013 I got a cyst on the left side of my neck. Not a normal cyst, but a hard lump that I assumed was a cyst/acne. It was there for a month or more before I "popped" it to get the mass out from under my skin. I didn't pay much attention to it at the time, but the sore did not heal for months. I bought some probiotic soap (anti-Candida) and started washing the area with it twice a day. The sore eventually healed after a few weeks of using this soap. Note; this was in an area I also shaved on a regular basis – possibly significant to getting this sore to heal.

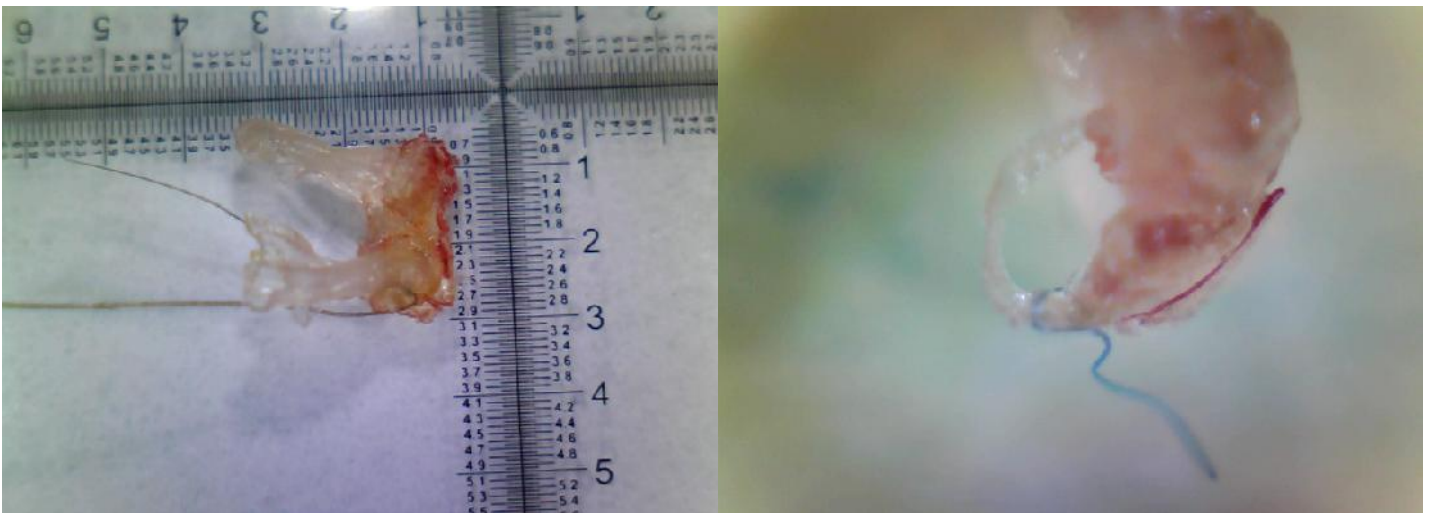
Next Outward Manifestation; Started to get inflammation in cystic acne scar tissue. It felt like some large acne or pimples, so I popped these. After I got the material out, the sore did not heal back over as I would normally expect.

Travels along scar tissue; more acne like bumps form next to the first eruptions, and I pop these to get the stuff out. These also don't heal and turn into open sores. This continues for about 3 months and is manifesting along the scar tissue on back of my neck.

Growths in sores. I started to see growths attached to the scabs that I pulled off of these sores. They are either milky white or clear. These growths started appearing almost every time I pulled a scab off of these sores. One day I found a larger growth than I'd seen so far. This alarmed me enough that I decided it was time to get a better look at these sores and growths.

Purchased an 80x USB microscope. I purchased an 80x USB microscope, and got it installed on my computer. I started to look at the growths and sores under the microscope at up to 80x. I found that the growths were very numerous, and I could also see fibers in the growths and sores.

Growths under scabs. The below picture is of a growth from a scab. The scab is the reddish portion on the right side. All of the clear growth below that was growing down from the scab, into my skin. Note; there is a hair in scab below, not a fiber (fibers in picture on right). Magnification approximately 60x to 80x.



Note on fibers; when I first noticed red and blue fibers I reasoned they could be from my clothing and/or bedding. I changed all bedding and did not wear any red or blue clothing for a week. Still found fibers – bummer!

Hair follicles near sores inflamed and/or infected; redness of hair follicles near the sores indicate some level of infection of hair follicles. You can also see a blue fiber in the below picture growing out of the skin. Magnification 80x



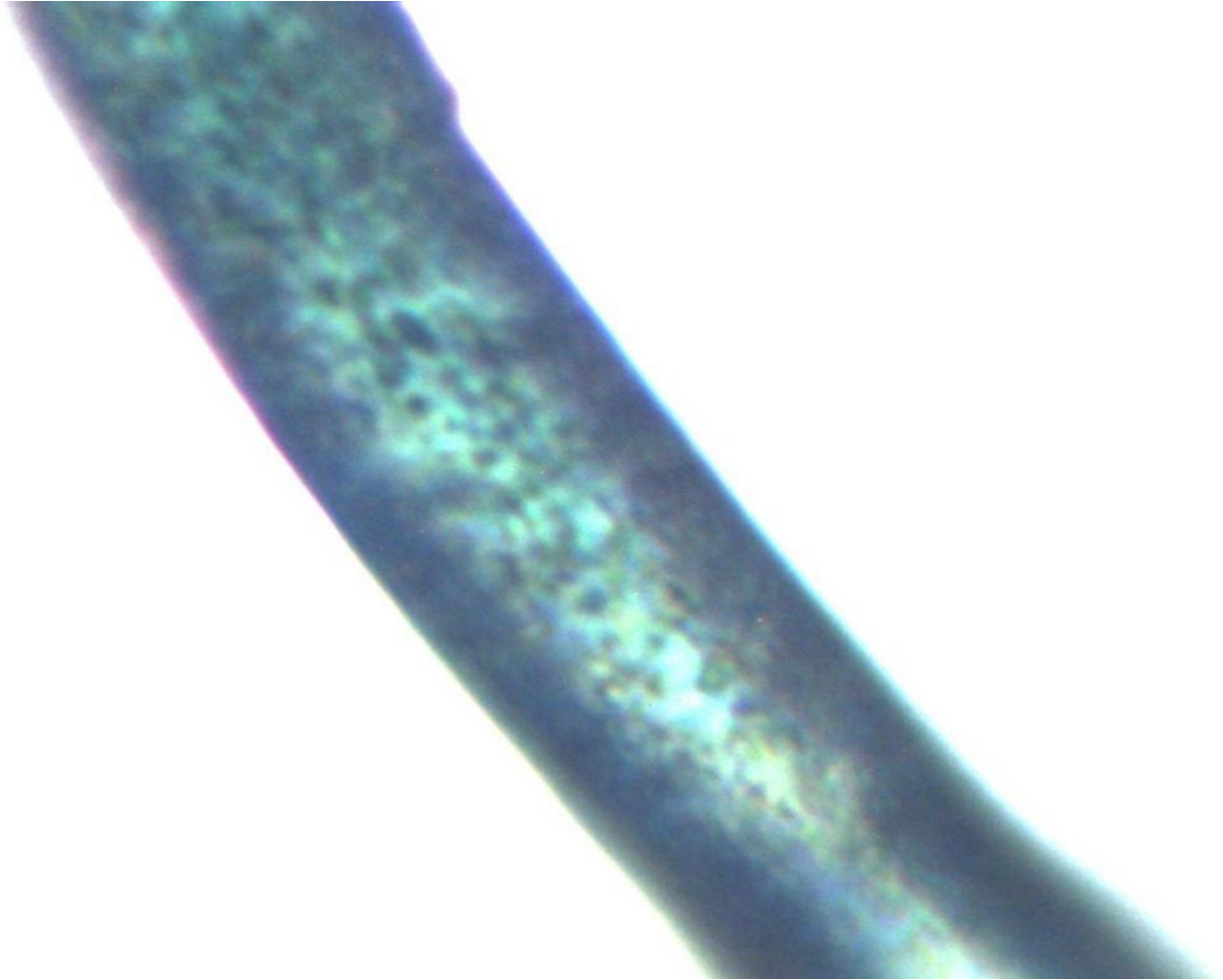
Small blue
fiber

Photos; photos of sores on back of neck. (Standard photo with camera)

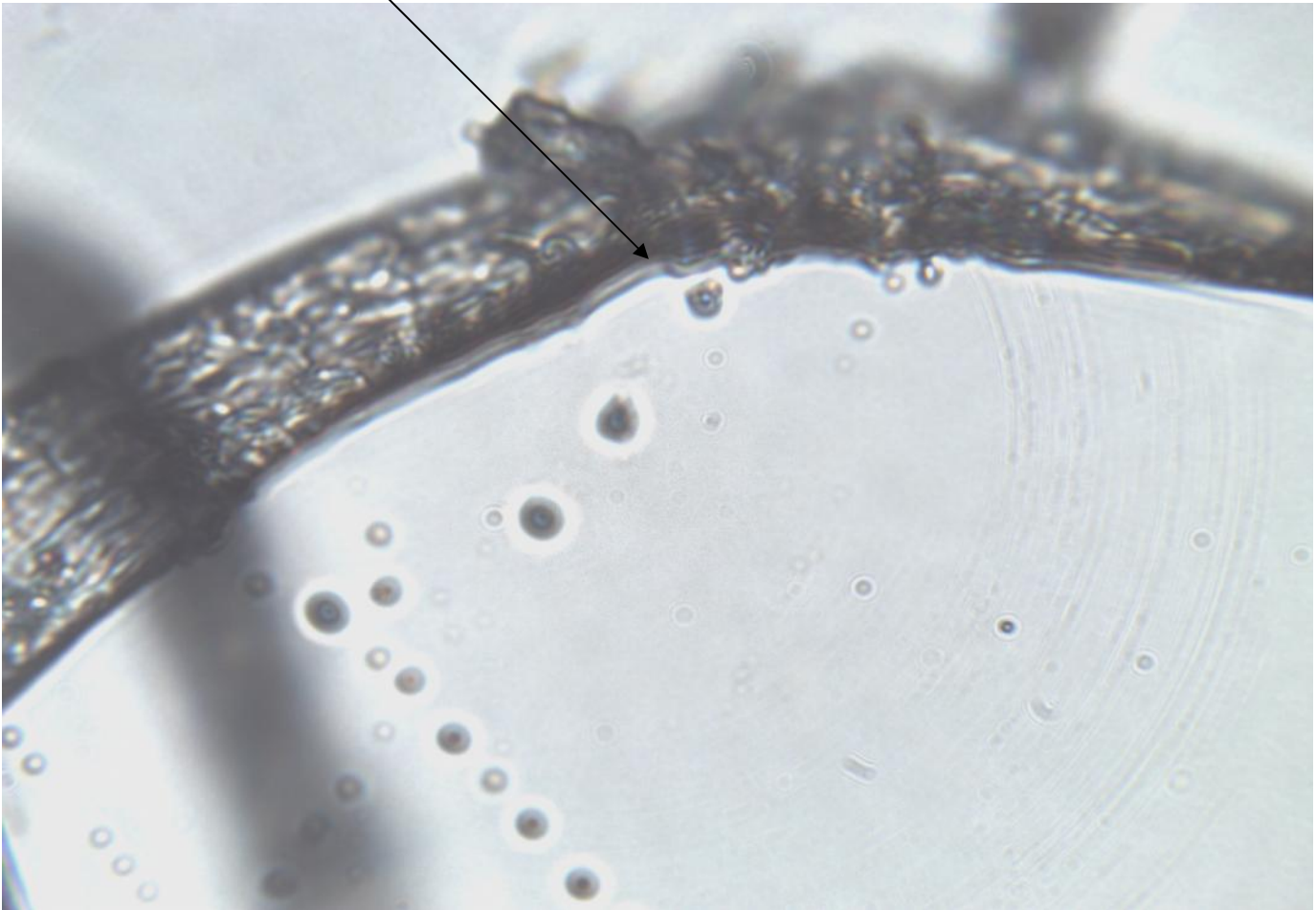


I have gained access to a better microscope, and the following pictures show much more detail than my little 80x usb microscope.

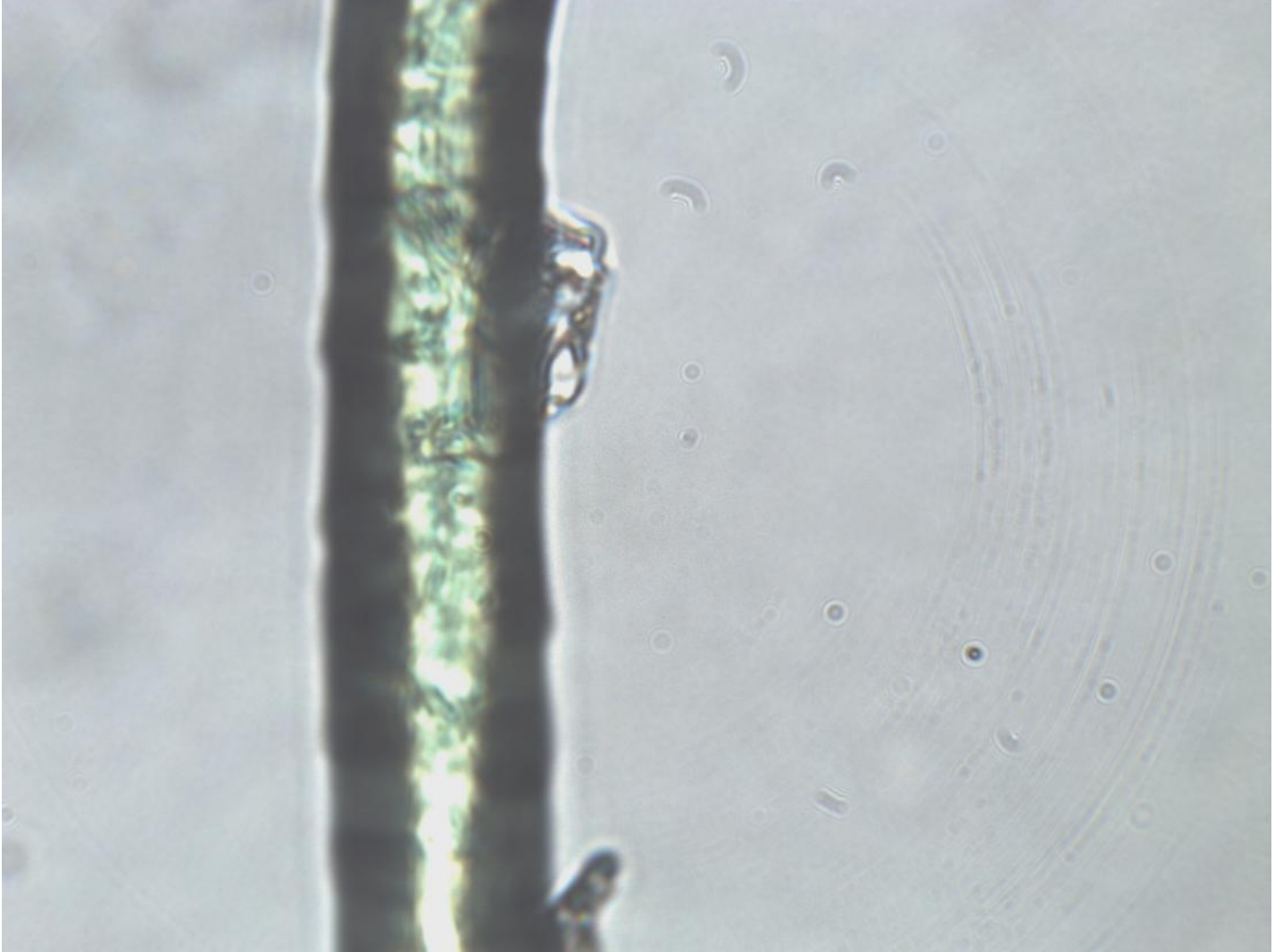
Fibers; collected a blue fiber and viewed under microscope (approx 2400x). As can be seen from this photo, the fiber is not a textile. It appears to be biological in structure, and appears to have the same “invaders” inside of it that is also seen in my blood.



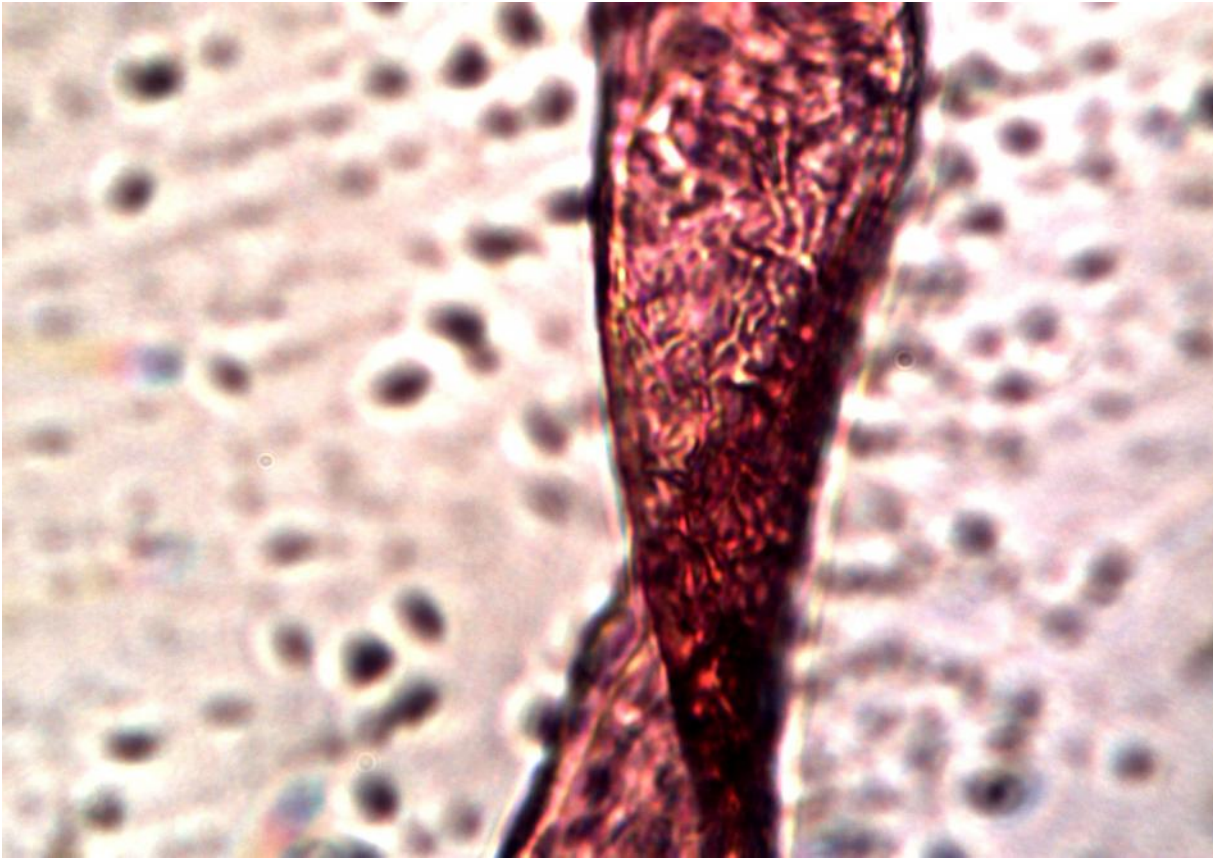
Here is a clear fiber where the structures and invaders are much more visible. It looks like this fiber is ejecting or hatching something out of the clear fiber below? (Approx 2400x)



Here is a green fiber; you can see structure on inside and growths on outside of this fiber. Magnification approx 2400x

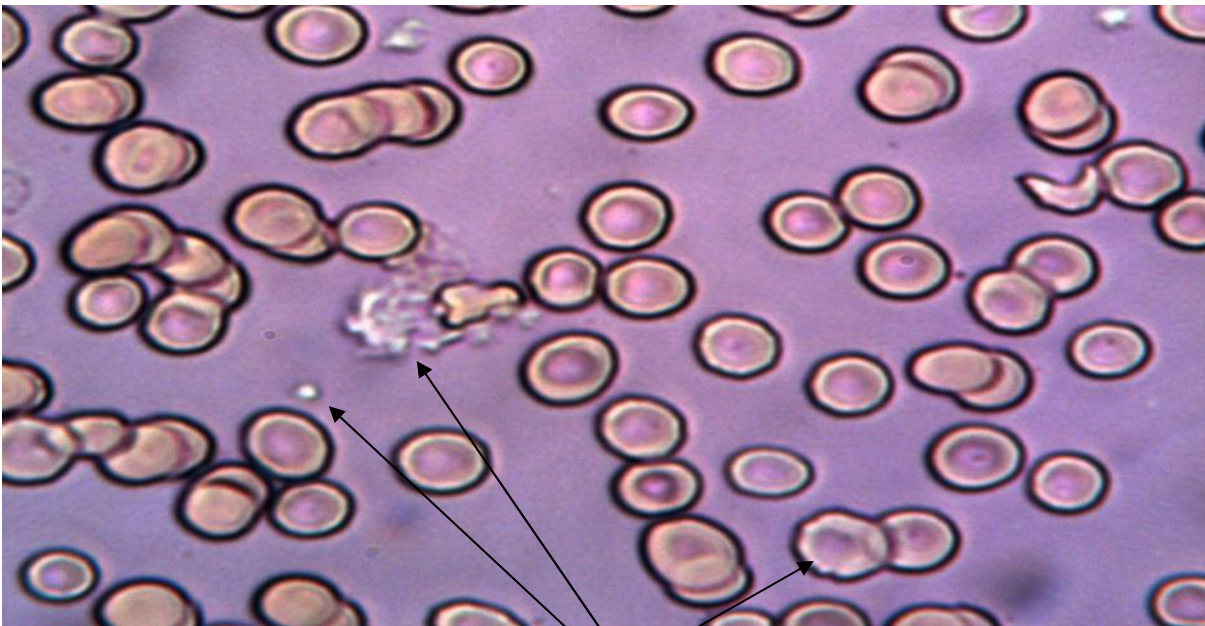


Red fiber; these are the best for seeing the internal structure. This filament is flat and easy to see through on the scope, which makes the internal structure much more visible. (Approx 8000x)





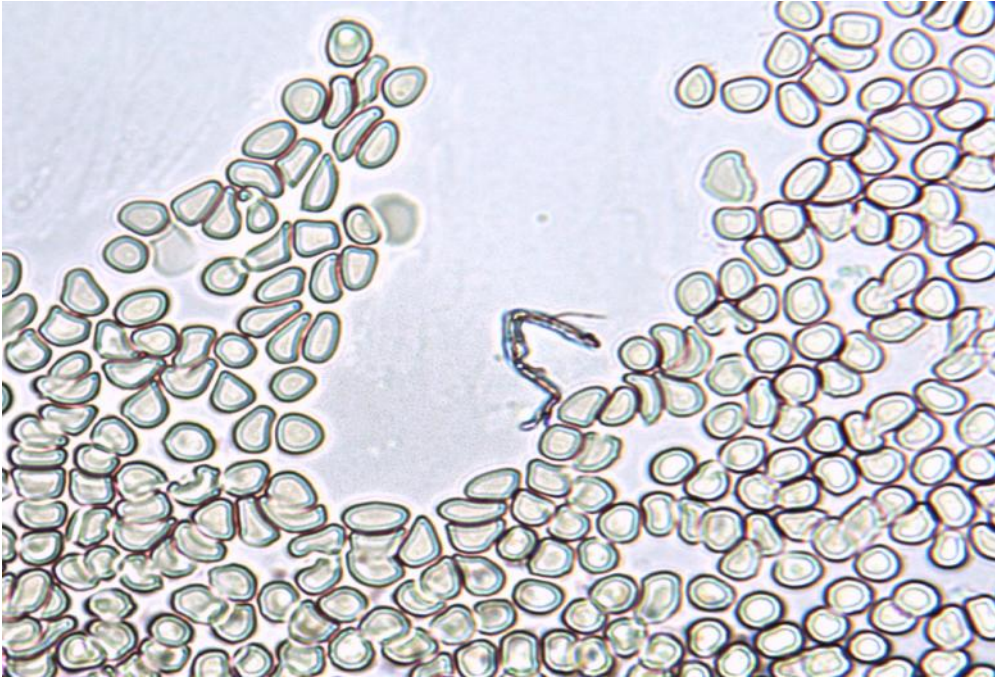
Blood Smear slide results. We made a few blood smear slides and viewed under the microscope. We found the “invaders” in my blood, and in the cells themselves. We also observed white blood cells that are literally loaded up with these “invaders”. (Approx 5000x)



Following picture shows a white blood cell full of invaders. Invaders pointed out in these pictures.



Here is another picture from blood slide with something very unusual - very strange and a rather scary. Gives new meaning to "guess who's coming to dinner!" (Approx 2000x)



Collecting Fibers; have noticed that I am getting quite a few fibers out of my hair. Especially if I comb first thing in the morning, then clean out my comb. Below pictures are fibers from one combing.



Health tests; performed to get some baseline data of my current condition. Here are the tests I performed; my intent is to perform these tests quarterly to monitor for any changes.

Red Wine Test; performed the red wine test, which in my case was rather inconclusive. It was difficult to find the fibrous structures under the microscope from my sample.

Temperature; I have been taking temperature twice a day, once in AM and once in PM.

Average to date; AM 97.04 PM 97.34 (over a degree low, very significant)

Oximeter; to get blood oxygen level and pulse rate.

ORP; Oxidative Reduction Potential.

pH; baseline on pH for urine and saliva

Blood Pressure

Conclusion; At least now I know what I'm dealing with. It was a rude awaking to learn that the sores on my neck weren't just the same old acne problem. I think it's important to point out that I had heard about and researched this condition quite extensively in the past. I'd previously read that most everyone has been infected with this condition. For some reason, I considered myself to be at low risk, or maybe even immune to getting this due to my life style and diet. So now I am embarking on a Journey into the Unknown – into physical changes to my body that I didn't consent to or ask for.

As I've shown with the above data, it is clear that I have been infected with this "condition". It's obvious that the sores and fibers are not delusional. The microscope pictures prove beyond the shadow of a doubt that the fibers are not textile fibers. So that begs the question, how can the CDC, with the resources available to it, study this condition for many years and come to the conclusion that this is only a dermatological problem? And the fibers are only textile fibers? I believe I know the answer, but I will let

you draw your own conclusions from the available data.

The best scientific data available on Morgellons that I have found has been done by Clifford Carnicom, and can be found at www.carnicominstitute.org. Clifford Carnicom has also made a positive identification of the source of this condition, which can be found at <http://www.carnicominstitute.org/articles/ir1.htm>. There is also a very good paper on latest microscope work done on blood samples at http://www.carnicominstitute.org/html/webdesigner/microscopy/advances_in_microscopy.htm.

Following is the "Protocol" that I follow to help with this condition;

Note; overall my protocol is a life style, between eating healthy, exercise, positive mental state, and overall cleanliness in clothes, bedding and my house (at least I'm trying to keep it clean, but I'm a guy...)

Diet; I mainly eat a vegetarian diet, although I do eat fish and limited chicken. I eat very little red meat, and have cut out any meats that contain nitrates (lunch meats, sausages, and other processed meats). I purchase as much organic fruits and vegetables as I can. I try and eat at least one banana and one apple a day. I incorporate as many different vegetables into my diet as possible. Just prior to my condition starting to improve, I added Kale to my daily diet. I now try to add Kale to my salads and smoothies every day.

Exercise; I swim 4 to 5 times a week for an hour each workout. Basically a high aerobic workout, but any exercise is better than none.

Personal Hygiene; I shower twice a day and use T-Gel shampoo, anti-Candida probiotic soap, and tea tree oil soap. I change my bed sheets twice a week.

I also shave my neck where the sores are approximately every other day. I have come to believe that the fibers are agents of re-infection. So it is very important to remove the fibers from your skin in a timely manner.

Microscope; I have a ViTiny usb 80x scope. Also have a standard microscope with 40x, 100x, 400x, 1000x and a 5mb camera attached. Am working on getting a 3x Barlow installed for improved magnification.

Daily Regimen;

1st thing in the morning; 1 tsp Calcium bentonite (then I wait an hour before I eat anything).

Vitamin C - take with meals. 1000mg twice a day

Kyolic Garlic Immune (orange label) - take 6 to 8 capsules a day.

Carols Smoothie - I use about half the amount on the recipe, and drink one a day, with a banana or apple + kale.

Aroma Therapy - I use tea tree oil, lemon oil, grapefruit oil in a diffuser. At least once or twice a day in my office.

Herbal Teas - I drink a lot of herbal tea. Chamomile, Peppermint, Chrysanthemum.

Open Sores – I clean these out (pull out obvious growths), and soak with hydrogen peroxide for as long as I can stand it.

I then let sores dry, and put generous amount of Tri-Derma skin cream on sores.

Weekly; I take a bath in calcium bentonite. One cup to a bath, nice and warm and soak for an hour. And take a Borax bath with hydrogen peroxide. One box Borax and one large bottle of peroxide in bath. Soak...and rinse.

Note on Calcium Bentonite; it is important to get a good quality calcium bentonite. I purchase online from livingclayco.com